

## Oversoul Massage Client Intake Form

Name: (Please Print) \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Birth Time (If known): \_\_\_\_\_ Birth Location: \_\_\_\_\_

Address: \_\_\_\_\_

Emergency Contact (Name, Phone, Relationship): \_\_\_\_\_

### **Medical History**

Current medications and dosage? \_\_\_ Yes \_\_\_ No If Yes, please explain below: \_\_\_\_\_

\_\_\_\_\_

Any known medical conditions? \_\_\_ Yes \_\_\_ No If Yes, please explain below: \_\_\_\_\_

\_\_\_\_\_

Any surgeries, hospitalizations or orthopedic injuries in the last 5 years?

\_\_\_\_\_

Are you pregnant? \_\_\_ Yes \_\_\_ No If yes, how far along? \_\_\_\_\_ Any risk factors? \_\_\_\_\_

Do you experience chronic pain? \_\_\_ Yes \_\_\_ No If yes, explain: \_\_\_\_\_

Are you currently under the care of a physician? \_\_\_ Yes \_\_\_ No

If yes, physician's name: \_\_\_\_\_ Phone: \_\_\_\_\_

Indicate any of the following that apply to you:

Cancer

Headaches/Migraines

Arthritis

Diabetes

Joint Replacement(s)

High/Low Blood Pressure

Neuropathy

Fibromyalgia

Stroke

Heart Attack

Kidney Dysfunction

Blood Clots

Numbness

Sprains or Strains

Skin Conditions

Contagious Diseases

Please explain any conditions marked above: \_\_\_\_\_

\_\_\_\_\_

### **Massage Information**

Have you ever received a professional massage? \_\_\_ Yes \_\_\_ No

If yes, when was your last massage? \_\_\_\_\_

What type of massage are you seeking?  Relaxation  Therapeutic/Deep Tissue

Other \_\_\_\_\_

What pressure do you prefer?  Light  Medium  Deep

Do you have any allergies or sensitivities? Yes No

Please explain \_\_\_\_\_

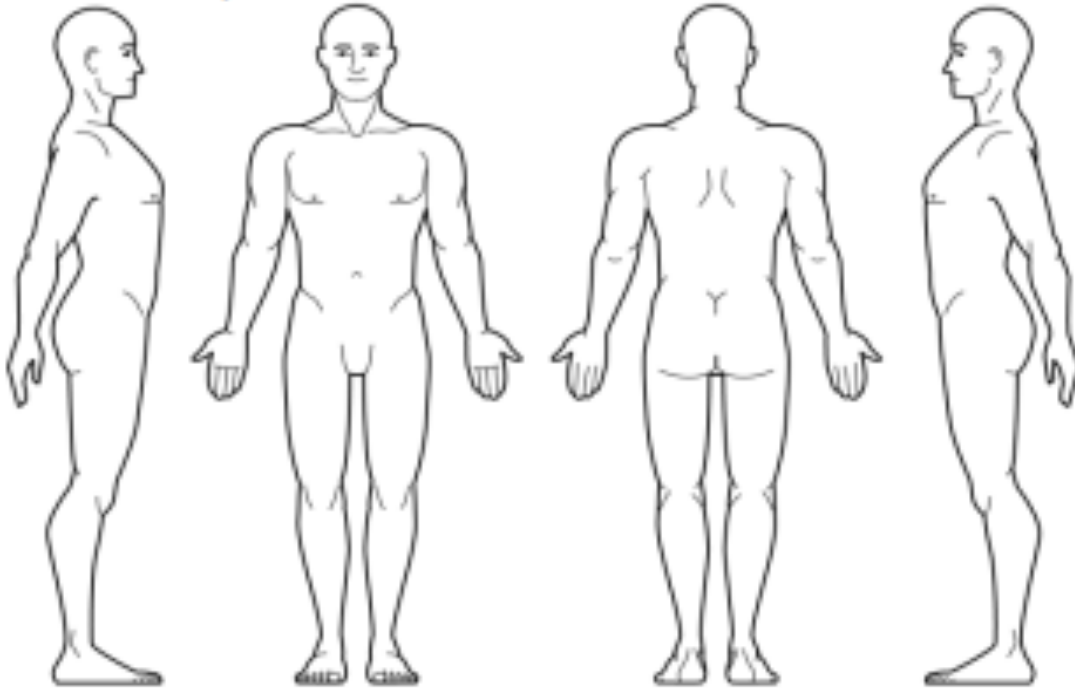
Are there any areas (feet, face, abdomen, etc.) you do not want massaged? Yes No

Please explain \_\_\_\_\_

What are your goals for this treatment session?

\_\_\_\_\_  
\_\_\_\_\_

Please circle any areas of pain or discomfort:



*By signing below, you agree to the following:*

*It is my choice to receive massage therapy. I am aware of the benefits and risks of massage and give my consent for massage. I understand that there is no implied or stated guarantee by the therapist of success of effectiveness of individual techniques or series of appointments. I acknowledge that massage therapy is not a substitute for medical care, medical examination or diagnosis.*

*I have stated all of my medical conditions that I am aware of and will inform my practitioner of any changes in my health status. I understand I assume the risk for any medical information not disclosed to my practitioner. I understand that some of my basic personal health information will be collected. I understand that all information that I provide will be kept confidential unless required by law or disclosed with my consent to my medical providers.*

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_