

**Oversoul Private Yoga Session Liability Release**

The undersigned individual (“Participant”) is voluntarily engaging the personal services of Peyton M. Goldberg, dba Oversoul (“PMG”) in connection with PMG teaching yoga to the Participant. The Participant fully understands that it is possible to incur an injury during, or resulting from, yoga exercises and Participant will inform PMG of any pre-existing conditions (as set forth below) to the extent Participant deems relevant. At any time during the yoga activity, Participant may elect to refrain from certain yoga positions. In consideration of receiving PMG’s services, the Participant agrees to, and does hereby, release from all liability and hold PMG harmless from any and all injury Participant may incur due to engaging in yoga exercises and Participant fully understands that this liability release includes any and all liability for personal injuries, including death, and property losses or damage of any kind in connection with any yoga activity engaged in under the instruction of PMG. This release is governed by the laws of the State of Texas.

**I AM VOLUNTARILY PARTICIPATING IN THE YOGA ACTIVITY ENTIRELY AT MY OWN RISK AND I ASSUME ALL RELATED RISKS, BOTH KNOWN AND UNKNOWN TO ME, OF MY PARTICIPATION IN THE YOGA ACTIVITY.**

\_\_\_\_\_  
Signature of Participant

Printed Name: \_\_\_\_\_

Effective Date: \_\_\_\_\_, 20\_\_

Pre-existing Conditions and orthopedic issues (if none, please indicate):

\_\_\_\_\_  
\_\_\_\_\_